

GLENCOE HIGH SCHOOL WOMENS SOCCER

2011 SUMMER PROGRAMS

Welcome to another summer long soccer program. Summer training to all interested girls begins June 13, 2011 through August 13, 2011. All training sessions will be at Hare Field either turf or grass fields. We will do a few new things this year....we will have weight training in weight room at Glencoe High School on tues. a.m.'s and tues afternoons will have a skills session run by Ast. Coach Michael.

GHS Soccer Program will include the following:

Weekly training beginning June 13 – Aug 13 at Hare Field Mon/Wed 5-7 p.m.

Weight room Training beginning June 21 – Glencoe H.S. – Tues. 10am - ??

Skills Sessions beginning June 21 – Hare Field – Tues 4p.m. – 5:30p.m.

Weekly Conditioning beginning June 16, 2011 – Hare Field - Thurs. 10-11:30a.m.

Highschool Moratorium Aug. 1-7 2011 (great time for vacations)

Pre-Tryout Conditioning Camp August 15-18 Time to be determined.....

Finally players are highly encouraged to attend our pre-tryout conditioning camp this year. This camp is recommended to better prepare for this year's highly competitive tryouts. Camp will focus on skills, fitness and competitions. This camp is from Aug 15-18, 5:30-7:30pm each day at Hare Field. Tryouts are the following week.

OSU SOCCER CAMP

This is an exciting camp for high school players. It will focus on team-based tactical and technical sessions and functional (by position) coaching for all players. We must have a **minimum** of 12 players (I would prefer 15). **DATE IS JULY 24-27. COST IS \$475 PER PLAYER. I NEED TO KNOW ASAP IF WE HAVE ENOUGH PARTICIPANTS.**

Deanna Joyner – (cell) 971.226.6875email: joynergrlz@aol.com

Make Checks Payable to: Glencoe Girls Soccer

PLAYER REGISTRATION

Name: _____

Grade: _____

Players # (cell): _____

Parents Name: _____

Phone # (home) _____

Parents # (cell) _____

Email: _____

Parents email: _____

Players exp: (club or rec team): _____

Position: _____

Summer Program

**** \$60 due ASAP**

Pre-tryout Conditioning Camp

**** \$65 due Aug 1**

Skills Session (for info only) – please check if you plan on attending***

Conditioning Session (for info only) – please check if you plan on attending***

OSU Camp (please check if you are interested in going – payment not due until week of camp) ***** for planning purposes only**

