

Syllabus/Class Expectations

COURSE DESCRIPTION:	<p>Health contains units related to Promotion of Mental, Social, and Emotional Health, Physical Activity, Environmental Health, Healthy Eating, Prevention and Control of Disease, Alcohol, Tobacco and Other Drug Prevention, Promotion of Reproductive Health, Unintentional Injury Prevention, and Violence Prevention. Students will set up plans and practices to keep themselves healthy throughout their lifetime while focusing on skills needed to maintain and increase individual health.</p> <p>Text: Glencoe HEALTH</p>
FACULTY NAME:	<p>Bri Phelps phelpsb@hsd.k12.or.us Rm 191</p> <p>Emily Stadelman stadelme@hsd.k12.or.us Rm 192</p>
OFFICE HOURS:	<p>By appointment.</p>
NOTE TO PARENTS:	<p>Please feel free to contact me via email, especially if you have any questions or concerns regarding the content that will be covered during this course. <i>A newsletter will be sent out with information about the Sex Ed. Curriculum prior to the beginning of the unit.</i></p>
COURSE OBJECTIVES:	<p>Course objectives are consistent with the Oregon Health Education Standards. These standards can be found at: http://www.ode.state.or.us/opportunities/grants/hklb/hivaidsglm-hs.pdf. The Hillsboro School District High School Health Education Curriculum uses the following skills and concepts to provide instruction and align with state standards: Accessing Information, Self-Management, Analyzing Influences, Interpersonal Communication, Goal Setting, Decision Making, and Advocacy.</p>
Grading Categories & Percentage:	<p>The quality of your work is what will separate your grade from passing to excellence. Final grades will use the standard grading scale (see below). All tests (summative assessments) will be 100 pts and all reviews (summative assignments) will be 50 pts. Formative assignments will typically vary in points ranging from 5-30 pts. Total points over the entire semester determine semester grades.</p>
Grading Scale: 90%+ = A 80%+ = B 70%+ = C 60%+ = D >60 = Incomplete	<p>The most up-to-date grades will be posted online in Synergy. According to the Glencoe Student/Parent Handbook, students are expected to demonstrate continuous effort to accomplish class objectives. A student may receive an F grade, receiving no credit, if they fail to meet the standards by demonstrated learning throughout the course. In the most extenuating of circumstances, a student may receive an Incomplete/No Grade with a short extension of time to demonstrate that they have met the standards for the course. The parameters and timeline shall be worked out with the teacher.</p>
Late Work Policy:	<p>Please communicate with me regarding any known absences and how you can make up the work. If there are extenuating circumstances, please communicate with me immediately for consideration. Accepting late work is up to the teacher's discretion</p>

	<p>however, depending on the assignment. The late work policy is as follows:</p> <ul style="list-style-type: none"> ● Late work is accepted, but only for partial credit. <i>The highest grade students can receive for a late assignment is 70%.</i> If you want a good grade in Health, turn in your work on time! <ul style="list-style-type: none"> ○ Within a few days of the due date the highest grade that can be earned is a 70% ○ Beyond 5 days from the original due date, the highest grade that can be earned is a 50%. ● All missing, formative assignments must be completed within the current unit. ● If a student is on a modified plan, the late work policy (above) will be extended by 2 days, unless the plan is more specific.
<p>Make-Up Work Policy:</p>	<p>If a student is absent when an assignment or large project is due, it is due when the student returns. If a student was in class when the work was assigned, it is still due when returning to class (i.e. here to receive long term assignment, gone during the middle of a project). <i>If you are absent for a test, you will need to find time outside of class to make it up. No test will be given during class time.</i></p> <ul style="list-style-type: none"> ● <i>Testing center Hours: TBA</i> ● <i>If you miss test day, you have 5 days to make it up to receive full credit.</i> ● <i>If a student receives a 69% or lower, test retakes must also be done within the 5 day window, and taken in the testing center. The highest grade possible is a 70%.</i> ● Students can access all of the notes and assignments on Google Classroom and in the workbooks.
<p>Cheating/ Plagiarism Policy:</p>	<p>Cheating/plagiarism will not be tolerated. Any student caught cheating will receive a grade of zero on the assignment or exam. In the event of a second offense, the student may be removed from the class with loss of credit, suspended, or expelled from school.</p>
<p>CLASSROOM MANAGEMENT/ RULES:</p>	<p><i>Before the tardy bell:</i></p> <ul style="list-style-type: none"> ● Students should come prepared for class every day. Assignments, homework, notebook, etc. ● Students should be in their assigned seat and following the instructions/bell work on the whiteboard or screen. <p><i>During class:</i></p> <ul style="list-style-type: none"> ● Students should follow directions the first time they are given. ● Students should treat each person in the class with respect. ● Students should observe all rules in the student handbook. ● Students are expected to attend all classes, to actively listen and appropriately participate in all class activities, and to complete all individual/group assignments. <p>If a student chooses not to follow these guidelines, we will follow a three-stage process. Note: These steps may be accelerated if needed.</p> <ul style="list-style-type: none"> ● Stage 1: warning and documentation; meeting with teacher after class. ● Stage 2: action plan, parent/guardian contact. ● Stage 3: office visit, detention

Health Walks	<p>Every day, toward the middle of class, we will go on a health walk. This time is designed for students to take a break, stand up and walk, go to the bathroom, get a drink, and even look at their phone.</p> <ul style="list-style-type: none"> ● This will be the ONLY time for students to be on their phone and go to the bathroom during class time. <ul style="list-style-type: none"> ○ Exceptions will be made on a case to case basis.
SCHOOL POLICIES:	<p>All School Policies will be enforced in the classroom. They are listed below:</p> <p>Cell Phones</p> <ul style="list-style-type: none"> ● Students are permitted to use cell phones during: passing times, lunch, before & after school ● Phones that are used, or are visible, will be confiscated by the classroom teacher/staff member and turned into the main office. <ul style="list-style-type: none"> ○ 1st Offense: Cell phone confiscated and teacher will return at the end of class. ○ 2nd Offense: Cell phone confiscated and parent/guardian may pick-up in main office. ○ 3rd Offense: Cell phone confiscated and parent/guardian may pick-up in main office and suspension. <p>Tardy Policy</p> <ul style="list-style-type: none"> ● If a student arrives to a classroom after the tardy bell, within the first 10 minutes of the class period, they are considered tardy. ● Students must go to the Attendance Office to get an ADMIT SLIP before they will be allowed into class.
Classroom Websites	<p>Lesson plans, lecture notes, announcements, assignments and extra help resources are posted on:</p> <ul style="list-style-type: none"> ● Ms. Phelps - Google Classroom. ● Mrs. Stadelman - stadelmanhealth.weebly.com <p>**Note: Majority of assignments will be submitted in the Workbooks</p>
Workbooks	<ul style="list-style-type: none"> ● On the first day of class, students will be given a workbook. This workbook will be used for taking notes (instead of an INB) and will contain most of the worksheets for the year. ● At the beginning of each class, workbooks will be assessed for completeness and an “on time” stamp will be given if the work is complete. If an assignment is not done on time, students will not receive an “on time” stamp, but can receive a “late” stamp if they show the completed assignment within 5 days of it being due. ● Students will turn in their workbooks at the end of each month. They will be assessed for quality and completeness of work and will update student grades accordingly.

Course Schedule/ Outline:	Semester 1 <i>Quarter 1:</i> Wellness (4 weeks) Prevention & Control of Disease (4 weeks)	Semester 2 <i>Quarter 3:</i> Nutrition (4 weeks) Fitness (4 weeks) Alcohol, Tobacco, & Drug Prevention (6 weeks - 3 during Quarter 3)
	<i>Quarter 2:</i> Environmental Health (1 week) Injury Prevention (5 weeks) Mental/Emotional/Social Health (4 weeks)	<i>Quarter 4:</i> Alcohol, Tobacco, & Drug Prevention (6 weeks - 3 during Quarter 4) Sexual Health (7 weeks)

In addition to the course hours in the classroom, the expectation for work complete outside of class includes approximately 2-3 hours per week. Activities will include: readings, homework, projects, etc.

Please read over the syllabus and sign your name, showing that you have read the information provided. Take the syllabus home and have a parent/guardian sign and date that they have read the document and understand the course expectations.

Student Name (Print) Student Signature

Date

Parent/Guardian Name (Print) Parent/Guardian Signature

Date