

Refresh *the* School Commute

Explore different ways to help students and families get to and from school. These options can reduce traffic congestion around schools, boost students' mental and physical health, increase attendance, and support social connection in your community.

WALKING SCHOOL BUS

A Walking School Bus is a fun, active way for students to walk together accompanied by an adult. Students are “picked up” at predetermined locations and times along a set route, and safely walk to school together, accompanied by an adult. Get tips on how to start a Walking School Bus at: oregonsaferoutes.org/walkingschoolbus.



BIKE TRAIN

A Bike Train is an organized group of students who bike to and from school with an adult along a designated route. The route has stops where students join or leave the bike train near their homes or at a local community hub. By commuting via Bike Train, students gain safe bicycling and navigation skills, while having fun and socializing with friends. Find biking resources here: oregonsaferoutes.org/resources/guides/.



SCHOOL BUS

The school bus is a great time to connect with friends who live in the school bus zone. Refer to the district's student transportation department for information on local bus routes. Consider a remote drop area near school to involve students who ride the bus in Walk + Roll events.



PARK & WALK

A Park & Walk encourages families to park a few blocks away from school and walk the short distance to school together. This is a fun way for students and families to connect with one another, while reducing traffic congestion and vehicle emissions around schools.



TRANSIT

Many local transit agencies offer discounts and programs that encourage students to use public transit to get to school. Using public transportation at a young age increases a student's confidence in using it in the future, while saving gas and costs associated with regular car use. Check with your local public transit providers for up to date routes near your schools.



Connect with your local Safe Routes to School (SRTS) Coordinator for support with one or more of these School Commute options, and to learn about grant opportunities!

If your community does not have a SRTS Coordinator, reach out to your ODOT SRTS Regional Hub lead at: oregonsaferoutes.org/contact

