



weightwatchers
reimagined

December Newsletter

Highlight of the Month

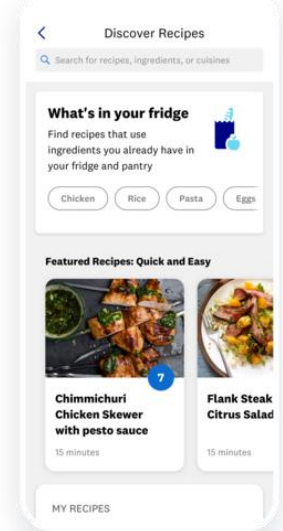
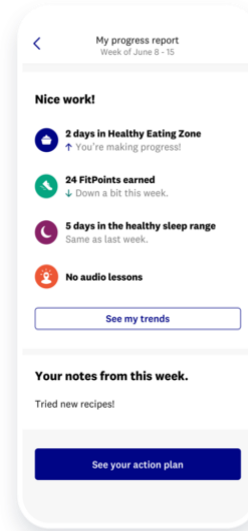
NEW PROGRAM: myWW+™ is here!

Introducing our most holistic weight-loss program EVER. With a 360° approach to weight loss and wellness, **myWW+** focuses on food, activity, mindset, sleep and community.

What's new:

- New onboarding assessment before sign-up
- Detailed weekly progress report and action plan
- Recipe suggester (cook what's already in your fridge!)
- 5-minute Coaching
- And more!

See more: [39 things you didn't know the WW app could do](#)



Support on your wellness journey

Don't forget! This season, give yourself the gift of wellness.

Join WW by Dec. 12 and get \$5 off a WW Shop order of \$20 or more! Within 3-5 days after signing up, you'll receive your \$5 coupon via email.



P.S. [Check out the WW Holiday Gift Guide!](#)

Recipe of the Month

Goat cheese tarlets with spiced apple-fig

2 2 2 SmartPoints® value per serving

It's the most wonderful time of the year! You can whip up these **delicious, mini-size tarts** for all to enjoy.

BONUS: [21 recipes to help you celebrate the holiday season.](#)



Start your wellness journey today!

Join now at OEBB.WW.com.

There's NO COST to you with your OEBB medical plan!