

Highlight of the Month

More holistic. More personalized. More weight loss.

The **NEW myWW+ program** is filled with tools to help you reach your New Year's Resolutions!

- **Refresh:** “What’s in your fridge” – the meal planner that suggests dishes you already have, plus 8,500+ recipes to choose from.
- **Refocus:** 5-Minute Coaching delivers bite-sized behavior change techniques for your busy life. Outsmart stress eating and shift your thinking anytime, anywhere.
- **Reset:** The in-depth progress report and weekly check-in that measures your success on and off the scale.



Make 2021 your best year yet.

This year, be unstoppable!

Are you ready? Join WW today and get a FREE Unstoppable Kit with your membership.

Once you've signed up, redeem for your Kit by March 14 at www.com/unstoppable.



Recipe of the Month

Chicken, broccoli and tortellini soup

7 **5** **5** SmartPoints® value per serving

This delicious, **single-serve recipe** is enough to fill your bowl and warm you up this Winter!

BONUS: **10 soup recipes just for you.**



Feeling your best starts now!

Join now at OEBB.WW.com

There's **NO COST** to you with your **OEBB medical plan!**