

# The secret to weight-loss success

It's not just about what you eat—mindset is important, too. That's why WW goes beyond food with tools that help you stay focused on your goal:

- ✓ On-demand meditations
- ✓ Supportive Virtual Workshops
- ✓ 24/7 live Coaching, and more



While supplies last. Kit contents may vary.

Get a **FREE Kick Start Kit\*** when you sign up for a WW membership (no cost to you with OEGB medical insurance) between **October 1 and October 17.**

## Take the first step to a healthier you today.

**Step 1** | Sign up for WW at [OEGB.WW.com](https://oebb.ww.com).  
There's **NO COST** to you with your OEGB medical plan!

**Step 2** | Redeem your WW Kick Start Kit by October 31  
at [WW.com/kickstartkit](https://ww.com/kickstartkit)

Need help signing up or redeeming your kit? Call WW Customer Service at 866-531-8170.

\*FREE KICK START KIT OFFER: To get a free kit, you must sign up for a WW membership plan between October 1 and October 17. Available only where WW membership plans are offered through your OEGB medical plan, and in participating areas only. One kit per member. Kit must be redeemed by October 31. While supplies last. US addresses only. Please allow at least 3–4 weeks for delivery. Offer not available to current members. Offer may be revoked at any time and may not be redeemed for cash. Non transferable. Void where prohibited.

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