

Drug Safety & Awareness



Department of Health
and Human Services



SAFETY IS OUR NUMBER 1 PRIORITY

In partnership with the Hillsboro Police Department and Washington County Health and Human Services, we would like to share information related to an increase in student use of prescription medications, and other drugs that we are seeing in our community. With students transitioning into summer, we want to ensure that you are aware of what to watch for and potential signs of drug use.





2 MAIN CONCERNS WITH PRESCRIPTION DRUGS

- It is easy to manufacture pills that look like prescribed medications, so if drugs are purchased from an unknown source, they may be mixed with other substances.
- They are often taken with alcohol or other substances which makes them much easier to overdose with.

<https://www.co.washington.or.us/HHS/Addiction/opioids.cfm>









XANAX

<u>Drug/Medication</u>	<u>Street Names</u>	<u>Signs of Use</u>	<u>Related Paraphernalia</u>
<p data-bbox="175 405 276 440">Xanax</p> <div data-bbox="227 489 653 574"></div> <p data-bbox="175 631 683 760"><i>*Some of these pills have been prescribed, others are replicas and may contain other substances.</i></p>	<p data-bbox="716 405 977 574"><i>Hulk, Xannies/ Zannies, bars, footballs, school bus</i></p>	<p data-bbox="1010 405 1329 760"><i>Drowsiness, slurred speech, loss of coordination, slowed breathing, sluggishness, inability to wake up, nausea or vomiting, dry mouth, delirium</i></p>	<p data-bbox="1338 405 1676 440"><i>Tablet press and mold</i></p> <div data-bbox="1402 459 1667 663"></div>





CANNABIS

<u>Drug/Medication</u>	<u>Street Names</u>	<u>Signs of Use</u>	<u>Related Paraphernalia</u>
<p data-bbox="175 405 320 440">Cannabis</p>    	<p data-bbox="716 405 996 760"><i>Weed, grass, herb, dabbing, etc. Strain specific names include Girl Scout Cookie, Kush, Animal Cookies, Tangy OG, etc.</i></p>	<p data-bbox="1010 405 1329 716"><i>Bloodshot, glassy, or watery eyes, slowed responses or loss of coordination, increased appetite, increased heart rate, dry mouth</i></p>	<p data-bbox="1338 405 1740 489"><i>Cannabis pens, cartridges, and bowl pipe</i></p>  




NICOTINE

<u>Drug/Medication</u>	<u>Street Names</u>	<u>Signs of Use</u>	<u>Related Paraphernalia</u>
<p>Nicotine</p> 	<p><i>Juuling, vaping, cig, e-cig, etc.</i></p>	<p><i>Increased thirst (ie: drinking liquids and urinating more), sweet smells (fruit, candy, gum, etc.) without a clear source (associated with vaping/juuling), nose bleeds, cough</i></p>	<p><i>Vaping pens and cartridges</i></p> 



BE AWARE OF CHANGES IN BEHAVIOR

Changes in behavior, such as eating and sleeping patterns, can be a sign of substance use. Keep an eye on your child's mental health and stress levels, especially if there are stressful situations happening at home or school. Look for irregular mood changes, lack of involvement in former interests, low energy, and/or general signs of depression.



If you notice your child experiencing any of the warning signs associated with Xanax...

CALL 911
immediately

Note: If a student is observed to have any of these warning signs while on campus and there is reason to believe that the individual may have taken a drug/medication, it is standard protocol to call 911.



WHERE TO GO FOR HELP

If you are concerned about your child or anyone else having drug, alcohol, or mental health issues, contact...

- Hawthorn Walk-In Center
 - ▷ 9am - 8:30pm
 - ▷ 5240 NE Elam Young Parkway, Suite 100, Hillsboro (by Hawthorn Farms MAX)
 - ▷ Services are FREE
- Washington County Crisis Line
 - ▷ 503-291-9111 (24 hours a day, 7 days a week)

For more information, visit Partnership for Drug Free Kids (www.drugfree.org)



PREVENTION

The most effective methods of drug prevention at home involve supporting, educating, and monitoring students. The following suggestions are just a few proactive steps parents/guardians can take to work to prevent drug abuse:

- Establish open, positive communication
- Know where your teen(s) are, who they are spending time with, and what they're doing

Continued...



PREVENTION, continued

- Set clear rules and enforce them consistently and fairly
- Model desired behavior
- Review how to refuse drugs, and to question their origin
- Make your home safe





THANKS!

We hope you have a safe and enjoyable summer.

If you have any additional questions,
please contact your building administrator.



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