

Fentanyl and Opioid Awareness Training

Hillsboro School District Parent/Family Night

June 2, 2021

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WASHINGTON COUNTY
OREGON

Department of Health and Human Services

Overview



The Opioid Epidemic



Substance-Related Data and Trends



Fentanyl, Overdose, and Naloxone



The Developing Adolescent Brain



The Significance of Trauma & Risk Factors



Resilience



Community Education and Resources



Prescription pain relievers:

- Oxycodone (OxyContin[®])
- Hydrocodone (Vicodin[®])
- Codeine
- Morphine

Heroin and synthetic opioids
(fentanyl)



Risks: addiction, collapsed veins, infection of the heart lining and valves, abscesses, and lung complications, overdose, and death.

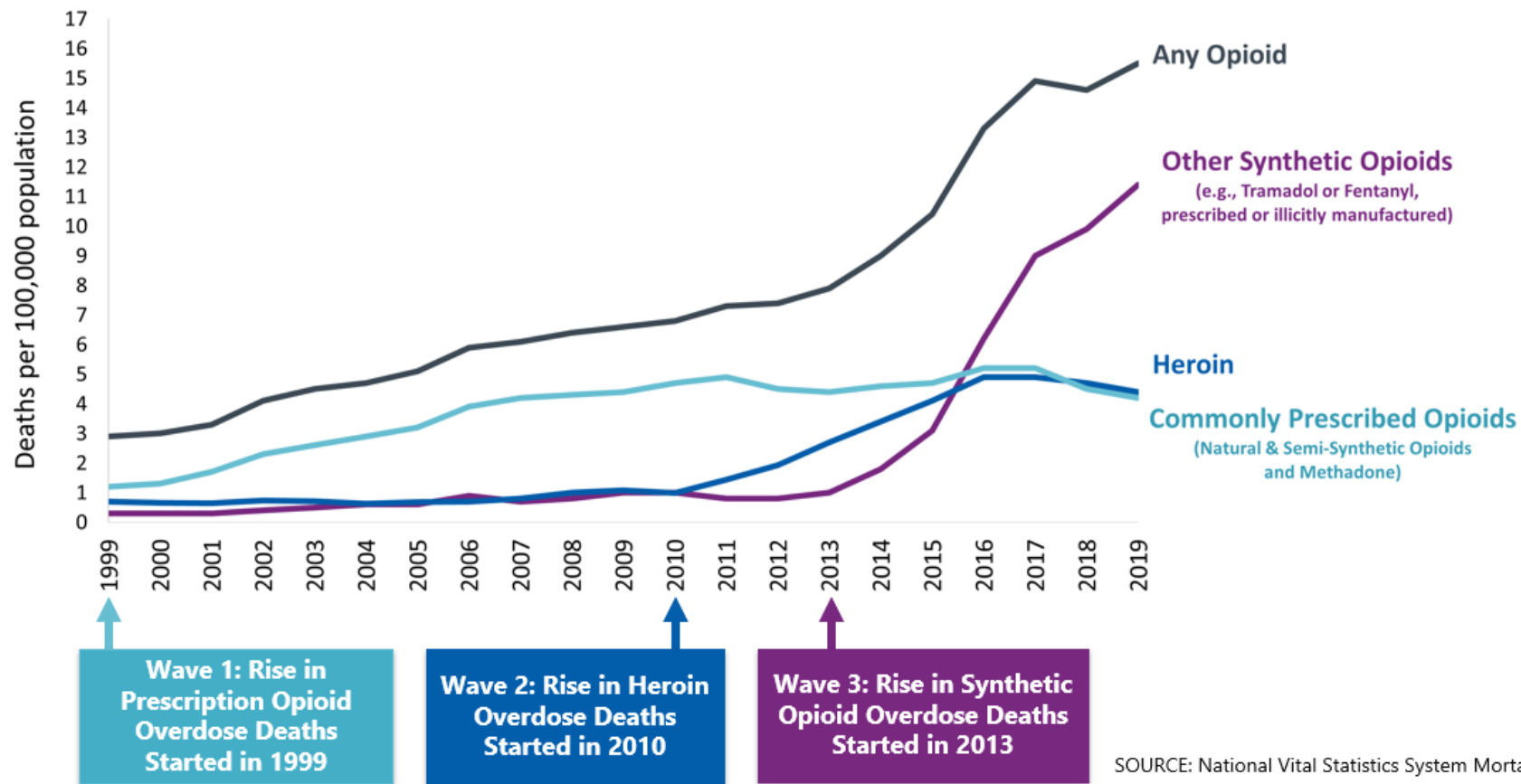
Have you been prescribed an opioid within the last five years?

Yes

No

Not Sure

Three Waves of the Rise in Opioid Overdose Deaths



SOURCE: National Vital Statistics System Mortality File.

Tri-County Opioid Overdose Fatalities



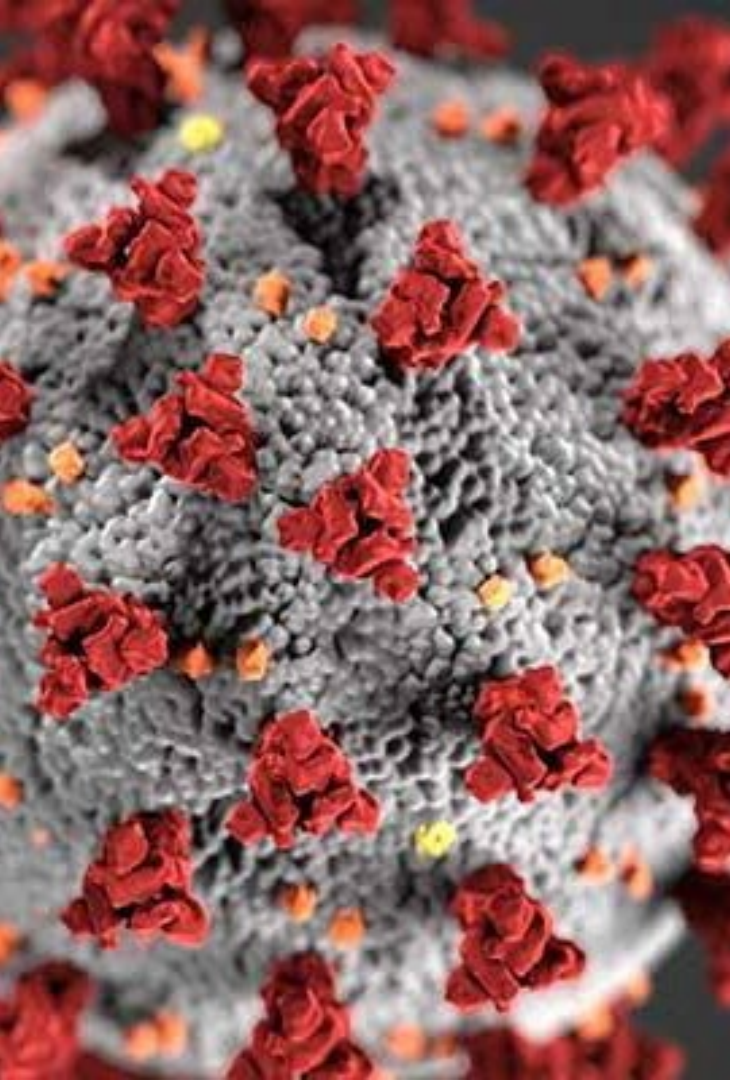
More than 3 people a week died from opioid overdose in 2018.



Heroin and/or fentanyl increased by about 3 times since 2016.



12 people died from a Fentanyl overdose in 2018.



COVID-19 Impacts on People with Substance Use Disorders

- Highest number of overdose deaths ever recorded in a 12-month period
 - Fentanyl deaths **increased 92%**
 - Cocaine **increased 57%**
 - Amphetamine **increased 37%**
 - Heroin **increased 9%**
- Social isolation, economic distress, unemployment, and less available coping mechanisms
- Increased childhood trauma linked with future substance use disorders



Fentanyl

Synthetic opioids, including fentanyl, are now the most common drugs involved in drug overdose deaths in the United States.

Prescribed for pain and made illegally as a street drug

50 to 100 times more potent than morphine

What percentage of pills seized by law enforcement are considered counterfeit?

About
50%

Nearly
70%

Almost
85%

Virtually
100%

None of
'em

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Don't Be Fooled!

They are advertised as legitimate prescription pills, but they are almost always counterfeit.

Younger people are acquiring and selling large amounts of counterfeit pills.

Social media is frequently used to advertise pills.

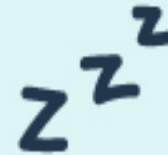
Signs of Overdose



SIGNS OF A HEROIN OVERDOSE INCLUDE:



disorientation
or delirium



extreme
sleepiness



floppy
arms and legs



bluish lips
and fingernails



pinpoint
pupils



shallow or slow
breathing



snoring or
gurgling sounds



unresponsiveness/
won't wake up



weak
pulse



Naloxone



What percentage of Juniors in 2018 reported they don't use prescription medications that weren't prescribed to them?

60%

47%

82%

96%

None of 'em

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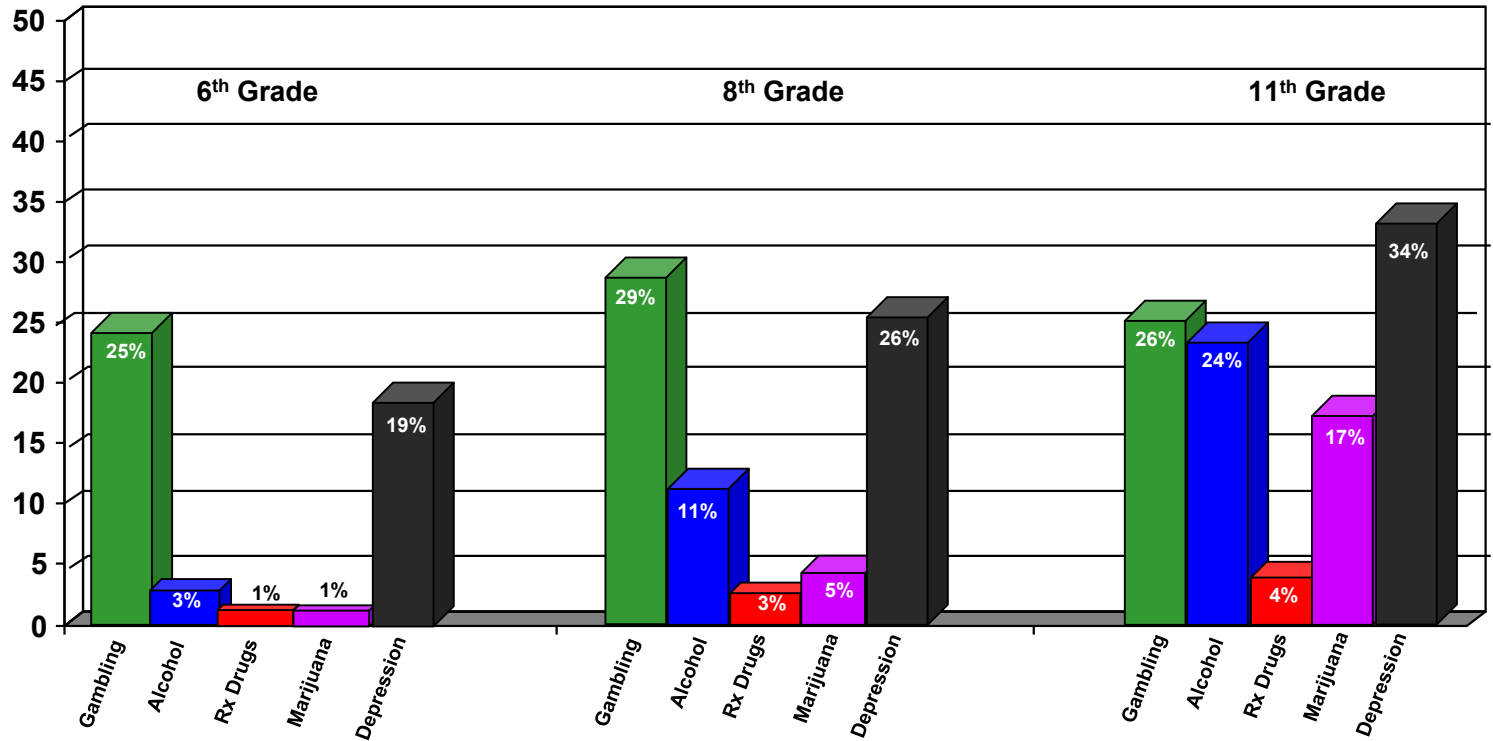
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96%

None of 'em

Risky Behavior and Washington County youth Past 30-Day Use

(2018 Oregon Student Wellness Survey)



What to look for

Mood changes along with behavior or changes in appearance, such as red or watery eyes, or even shaking.

Losing interest in activities they once enjoyed

Dropping old friends for a new group

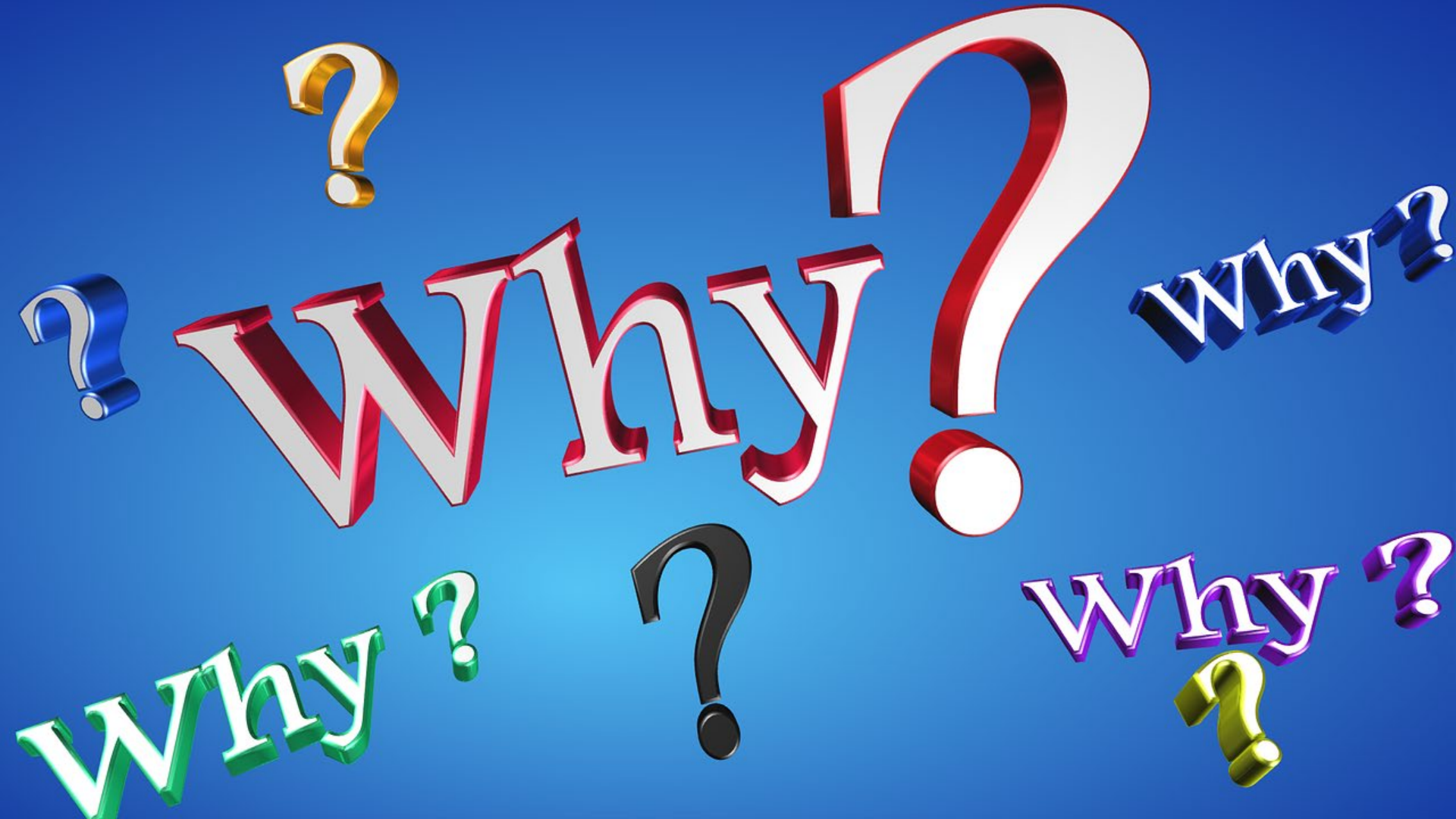
Poor school performance, missing school, or sleeping in class

Clothing choices that highlight drugs or drug paraphernalia

Use of eye drops, mouthwash, or perfumes to mask drug use

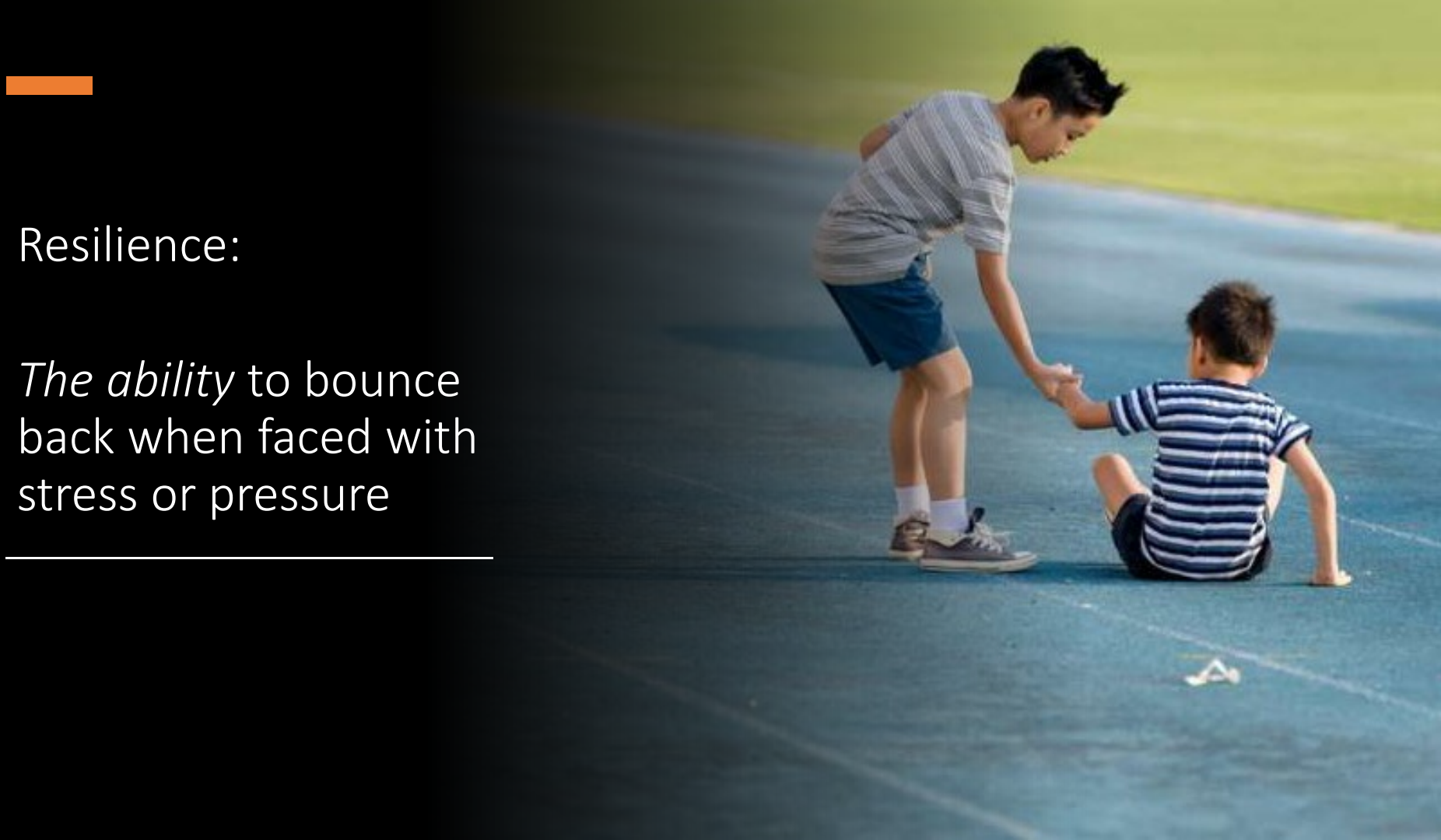
Notice changes and ask about them

Trust your instincts



Resilience:

The ability to bounce back when faced with stress or pressure



Resources

- ▶ Andy Cartmill
- ▶ Naomi Hunsaker
- ▶ Hawthorn Walk In Center

- ▶ Washington County Crisis Line
- ▶ Quit Vaping

- ▶ Alateen
- ▶ Trevor Project for LGBTQ Youth:
- ▶ 4th Dimension Recovery Drop-In Center (18-35)

- ▶ Gambling (Treatment & info.)
 - ▶ Website
- ▶ Suicide Prevention Lifeline (Local Lines for Life)
 - ▶ Youth Line
 - ▶ Text teen2teen

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5240 NE Elam Young Pkwy,
Hillsboro, suite 100

503-291-9111

Text: DITCHJUUL to 88709

www.Thisisquitting.com

800-344-2666

1-866-488-7386 (available 24/7)

362 SW Oak St., Hillsboro

www.4drecovery.org

1-877-695-4648

www.opgr.org

1-800-273-TALK

1-877-968-8491

to 839863

Questions?

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